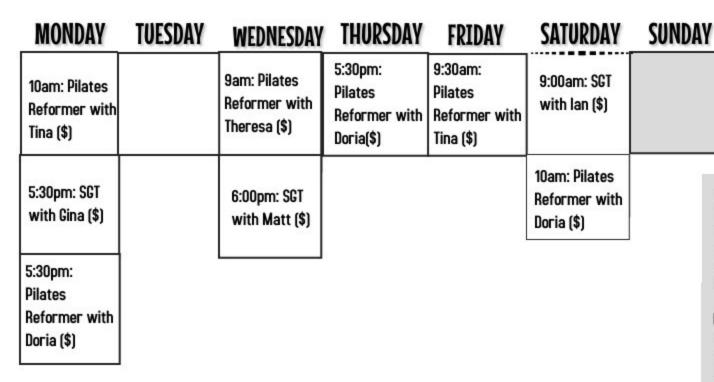
Pilates Reformer/Small Group Training (SGT)





Small Group Training (SGT)

Try one of our Small Group Training (SGT) Classes for free. Register at the front desk.

Extra Fee Service

Pilates Reformer

Reserve your machine at the front desk no later than 24 hours prior to class! Register at the front desk for a free demo.

Extra Fee Service

Please check the website for the latest class updates. Schedule subject to change!!

www.xlfitness.org